

**RECREATIONAL (7+ yrs) TIMETABLE****TEL: 02380 455007****WEB: [WWW.DYNOGYM.CO.UK](http://WWW.DYNOGYM.CO.UK)**

	<b>HAMBLE COMMUNITY SPORTS COLLEGE</b>	<b>SWANMORE TECHNOLOGY COLLEGE</b>
<b>MONDAY</b>		
<b>TUESDAY</b>	4:15 – 5:15pm 5:15 – 6:15pm	
<b>WEDNESDAY</b>	6:00 – 7:00pm 7:00 – 9:00 pm (Advanced Rec – Invite Only)	5:15 – 6:15pm
<b>THURSDAY</b>		
<b>FRIDAY</b>	4:15 – 5:15pm	
<b>SATURDAY</b>	11:30 -12:30pm 12:30 – 1:30pm	
<b>SUNDAY</b>	4:30 – 6:30 (Advanced Rec – Invite Only)	